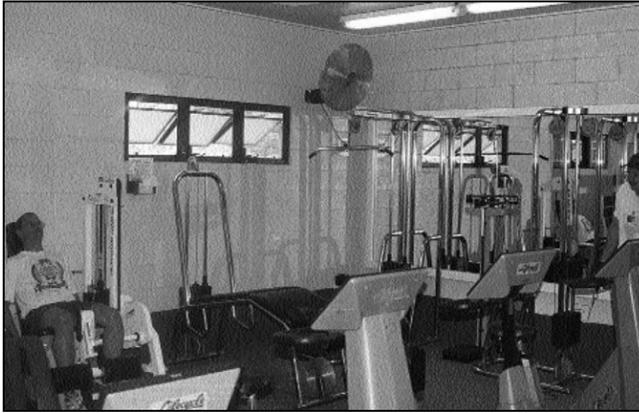


## LIBERTY CALL

## Fitness and fun anyone?



Suzan Holl photo

After the ceremony, attendees tried out some of the Nautilus equipment in the newly constructed Makalapa Fitness Center.

## New fitness center opens at Makalapa

By Suzan Holl  
*MWR HAWAII*

The newly renovated Makalapa Fitness Center at Commander in Chief, U.S. Pacific Fleet headquarters was dedicated Tuesday under beautiful, clear Hawaii skies. Capt. Hank Sanford, Naval Station commanding officer addressed the crowd thanking everyone who helped make the renovation a success.

Adm. Archie Clemins, Commander in Chief, U.S. Pacific Fleet, christened the new horseshoe pit by throwing out the first horseshoe. Afterwards, some of the attendees gave the new facilities a try by competing in a doubles horseshoe competition while others tried their hand at the longest hit with a 16-inch softball. Everyone enjoyed a picnic-style lunch of grilled hot dogs, chips and sodas.

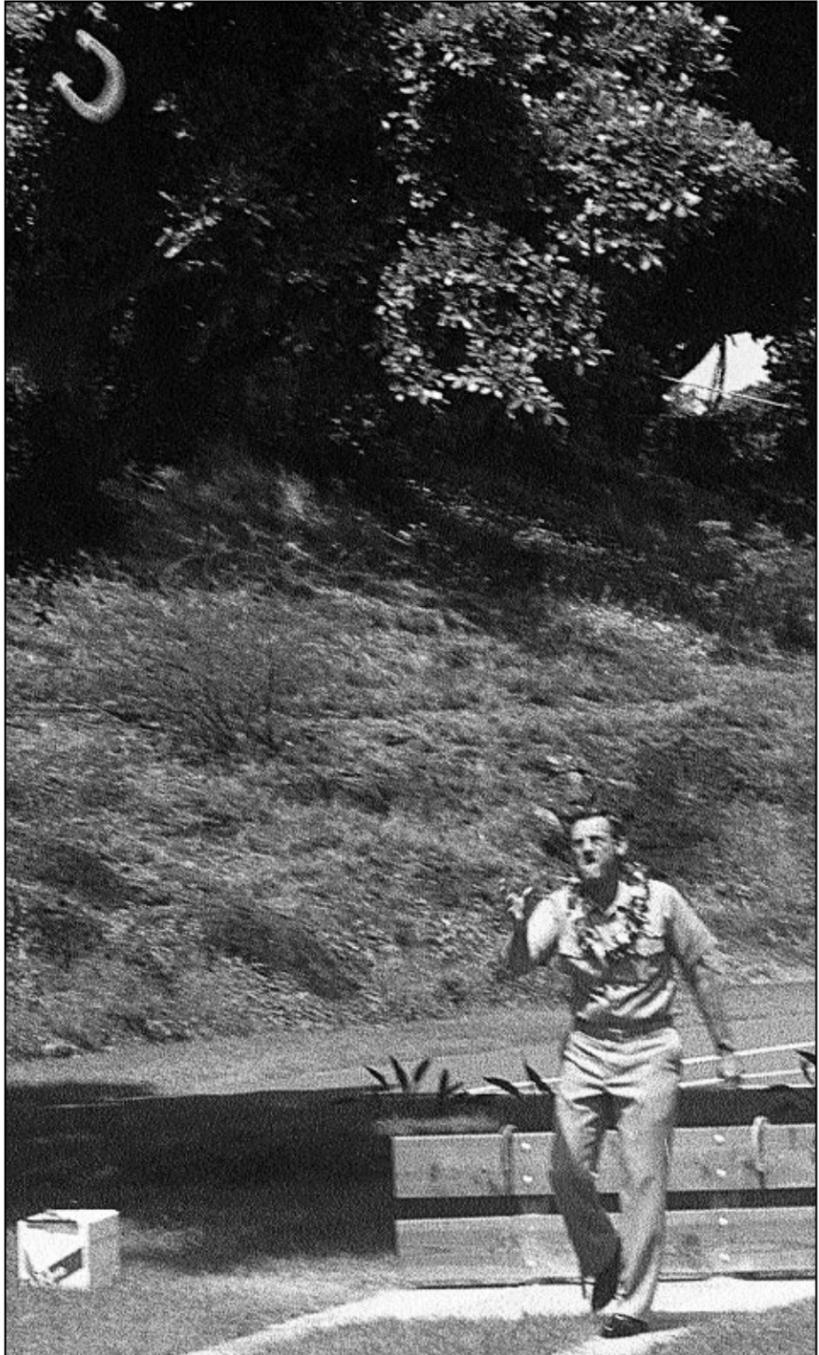
Physical labor was done by the men and women of Naval Mobile Construction Battalion Five (NMCB-5), homeported out of Port Hueneme, Calif. Lt.Cmdr. Shawn Bergen, of CINCPACFLT, was officer-in-charge of the project while attached to NMCB 5.

"The site took approximately 1,000 man-day project hours to complete," said Bergen. "We had at least seven to ten Seabees working on site from January its completion in August."

The Seabees began by entirely demolishing the previous facility. Then, they installed the combo court, a cemented playing area that functions as volleyball, tennis and basketball courts. They put in new a backstop for the softball field, installed a new sprinkler system, gazebo, water fountain, side walks, horseshoe pits, improved drainage in the area and prepared the ground for asphalt work and landscaping.

"The project came in on time and under budget," said former PWC facilities manager, Margherita Perrent. "The is still enough space to add another multi-purpose court. We also hope to regrade the infield and add additional sidewalks and grill pits."

Lead engineer for the project was Aaron Kaneao, PWC Code 442, overseeing all the grounds work. Working with Mr. Kaneao were Leinee Chan and Marshall Suehiro, both from PWC Code 442, Fanny Chan, Code 444; Kristal Lizama, Code 441 and Wesley Choy, Code 443.



Suzan Holl photo



Suzan Holl photo

Admiral Archie Clemins, Commander in Chief, U.S. Pacific Fleet, (above) tosses the first horseshoe at the opening of the Makalapa Fitness Center. After the ceremony, attendees tried out the new tennis and basketball courts (left). Along with new tennis and basketball courts, a new volleyball court was installed. Naval Mobile Construction Battalion Five (NMCB-5), from Port Hueneme, Calif., performed the physical labor by adding a new backstop to the softball field, horseshoe pits, water fountains and gazebos to the landscape.