

# Male athlete of the year named

By Lt.j.g. Janel E. Timoney

USS PORT ROYAL

Seinor Chief Hospital Corpsman(SW) Diego Gonzalez, USS Port Royal (CG 73) independent duty corpsman, was selected as Male Athlete of the Year. HMCS Gonzalez' significant leadership, athletic achievements and coaching ability were the key to his selection.

During Port Royal's Western Pacific/Arabian Gulf deployment, HMCS (SW) Gonzalez organized two programs designed to encourage working out while at sea and promote healthy living.

The first program was a four and a half-month long fitness at Sea competition. HMCS (SW) Gonzalez organized a team of assistants who tracked over 150 command members as they worked out on treadmills, bicycles, stair climbers and rowing machines.

His program significantly supplemented Port Royal's physical training program and gave the crew an outstanding outlet to minimize stress. HMCS (SW) Gonzalez' second innovative program, "Chow This," offered dieting tips and highlighted healthy eating alternatives within the ship's menu.

His effort was key to Port Royal reaching the CNO's goal of a culture of physical fitness.

On a personal level, HMCS (SW) Gonzalez' coaching and soccer abilities directly contributed to Port Royal's



Lt. j.g. Janel E. Timoney photo

**HMCS(SW) Diego Gonzalez, independent duty corpsman aboard USS Port Royal (CG 73), received a medal and plaque after being selected as Male Athlete of the Year.**

soccer team placing third in the 2000 Pearl Harbor Intramural League Competition and winning the Surface Line Week Soccer Championship.

Senior Chief Gonzalez' love of soccer led to Port Royal competing in several international competitions throughout

WESTPAC 2000 and more recently against visiting Royal Navy and Korean Navy ship teams.

Senior Chief Gonzalez' leadership by example both on the field and within the command highlights him as a true athlete of the year.

# USS Port Royal to visit Kona

By Lt.j.g. Janel E. Timoney

USS PORT ROYAL

USS Port Royal (CG 73), an AEGIS cruiser, is set to visit Kona, Hawaii from Jan. 26-29. Continuing in the goodwill tradition set by Pearl Harbor home-ported ships, USS Port Royal will welcome the Big Island community to come out for tours. Port Royal will be hosting tours for the general public on Jan. 27 and 28, from 9 - 11:30 a.m. and from 1 - 4 p.m. Free water taxis will depart from the landing in Kailua Bay and take tour guests to and from the anchorage. Rough weather may limit visiting hours.

USS Port Royal, commanded by Capt. Roger C. Easton, is the last in the class of Ticonderoga guided missile cruisers. She was commissioned on June 17, 1994 and is home ported at the Pearl

Harbor Naval Station. Port Royal recently returned from a five month long deployment to the Western Pacific and Arabian Gulf, operated in two oceans and five seas as air defense commander for the John C. Stennis battle group. Port Royal's primary missions included Operation Southern Watch and maritime interception operations, enforcing United Nations sanctions against Iraq. Helicopters from Helicopter Squadron (Light) Thirty-Seven, Detachment One, based ashore at Kaneohe Marine Corp Station, flew over 125 tactical missions encompassing 540 flight hours.

USS Port Royal is also opening her doors to host many local Oahu community groups for the day long transit. Groups such as the Honolulu Navy League and local sea Cadets as well as the family and friends of her 360 Sailors will sail in Port Royal for the cruise to and from the Big Island.

# USS Fletcher celebrates re-enlistments

USS Fletcher Public Affairs Office

As USS Fletcher (DD 992) transits from the Arabian Gulf to Darwin, Australia, 46 of her Sailors are smiling a little brighter than the rest.

"I can give you almost a million reasons they're celebrating," says Fletcher's career counselor, NC1 (SW) Elizabeth Saucedo: selective re-enlistment bonuses (SRBs) total over \$930,000 for the 46 WESTPAC sailors who have chosen to stay Navy.

Yet if you ask any re-enlistee, money is only a side benefit to their decision to sign on again with the world's greatest fleet.

Many cite that they receive better orders, even their dream orders, by re-enlisting.

"I get to go to shore duty now back home. I'll be able to get my college education and be close to my family while still gaining experience in my rate," comments Information Systems Technician (Surface Warfare) 2nd Class Petty Officer Jerry T. Coates, who re-enlisted Jan. 2.

However, even the best orders and a huge, tax-free bonus cannot alone convince these Sailors to take the oath of re-enlistment. Sea-duty is more arduous and more consuming than nearly any civilian job, but neither does a civilian job typically offer the chance to travel and be an ambassador for the United States.

Navy sailors are leaders who strive to improve themselves and their subordinates professionally. And adventures come aplenty with the opportunity to change duty stations and jobs frequently and to work within a culturally diverse community.

With all of this in mind, prospective re-enlistees take the plunge and make the commitment. The ceremonies take place all over the ship—and even in the air.

Whether on the bridge, in a work-space or in a more daring location, such as the ship's helicopter, Easyrider 53, the oath these Sailors



USS Fletcher photo

**Twenty-three Sailors arranged to represent the 46 Fletcher Sailors that reenlisted while deployed. Selective re-enlistment bonuses (SRBs) totaling over \$930,000 were given to the Sailors.**

take is the heart of the re-enlistment ceremony.

Before they commit once again to the Navy, however, the Sailors must leave it first.

Often the most entertaining part of the ceremony is that brief moment when the re-enlistee becomes a civilian again, receiving a certificate of honorable discharge.

"Is there anything you'd like to say, now that you're out of the Navy?" the re-enlisting officer will usually ask.

Most opt for a quiet but suggestive shake of the head, followed by the powerful oath that will bind them to this organization for several more

years. There is real bravery in taking and obeying an oath that will involve significant personal sacrifice.

In a profession so closely acquainted with mortality and the fragile freedoms of the sea, oaths still mean something—they must be heeded or the ship, and the Navy, which carries all of us, cannot survive.

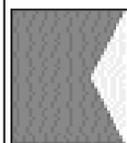
With the help of these outstanding sailors, Fletcher is sailing strong. Attention to quality of service while providing a unique experience are the core of the Navy's ability to retain her better Sailors, like these 46 who have made Fletcher proud.

## Congratulations to all WESTPAC re-enlistees!

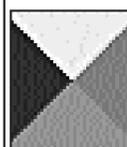
MACS(SW) Daniel Bailey  
CTOC(SW) Christopher Dale  
PNC(SW) Brian Eaton  
GSM1(SW) Florendo Calabitan  
MS1(SW) Ric Gloria  
DC1(SW) Robert McDade  
SK1(SW) Cesar Narvarte  
SH1(SW) Ronar Sanchez  
QM1(SW) David Smith  
ET2(SW) Ole Betron  
BM2 Marcus Burton  
OS2(SW) Nathaniel Chevalier  
IT2(SW) Jerry T. Coates  
GM2 Micheal Davis  
CTR2(SW) Joshua Edwards

IT2(SW) Hugh Fleming  
FC2 Ralph Hein  
FC2 Jerald Honaker  
FC2 John Hubbard  
FC2(SW) Erich Jefferson  
FC2 William Malbon  
GM2 Matthew Montoya  
ET2 John Naylor  
OS2(SW) Bernard Pablo  
FC2 Jason Potts  
MS2 Alejo Quiocho  
FC2 Robert Reid  
GSM2(SW) Juan Saavedra  
GSM2(SW) Santos  
FC2 Jason Schmeltzer

STG2 Antonio Spence  
EN2(SW) Luther Sprayberry  
FC2 Paul Fogans  
FC2 Fred Toppin  
QM3(SW) Theodore Alexander  
STG3 Michael Archie  
HM3 Joshua Cornell  
EW3 Daniel Fisher  
AE3 John Frazier  
FC3 Brian Hadler  
FC3 Jeff Marley  
CTO3 Tashandra Poullard  
EM3 Jean Rempart  
FC3 Dawn Saugen  
AW3(AW) Devin Williams



# Bravo



# Zulu

## Patrol Squadron Four

**Navy Commendation Medal**  
LCDR Stanley Grabowski  
LT John Stefan

**Navy Achievement Medal**  
AE1 Mukundakrishma Tyson  
YN2 Shannon Kyllonen  
YN2 Solunda Williams  
YN3 Jessica Kinney

### Letter of Commendation

YN2 June Eyerman  
AT2 Damian Garcia  
AW2 Robert Gladden  
AZ2 Paul Hummel  
AZ2 Jonathan Lindstrom  
AT2 Jason Stout  
AE2 Termicheal Taylor  
AMS2 Carlos Ure  
AW3 David Gorby  
AMS3 Michael Malig  
AZ3 Paul Medina  
AMH3 David Simpson  
AMS3 Randolph Sloan  
AN Cari Vanattan

**Electronic Air-Warfare Specialty (EAWS)**  
AE1 Steven Mong \*

## Naval Security Group Activity

**Navy and Marine Corps Achievement Medal**  
CTT2 A. D. Austin  
CTM2(SS) M. L. McKeon

### Good Conduct Medal

CTM2 A. W. Setzco (First Award)  
CTA3 T. L. Morton (First Award)

### Senior Sailor of the Quarter

CTT1(SS) T. J. Trask

### Command Sailor of the Quarter

CTM2 J. L. Bartschi

### Junior Sailor of the Quarter

CTM3 M. J. Kohlmann

## Patrol Squadron 51

### Meritorious Mast

AT2(NAC) Sylvia S. Randolph

### Good Conduct

AD2 Kenneth S. Kalous (3rd Award)  
AO1(NAC/AW) Clayton M. Lihilihi (5th Award)  
ADC(NAC/AW) Michael Chase, Jr. (4th Award)  
PR2 Kimberly D. Rowe (2nd Award)

### Third Quarter Sailor of the Quarter

AT1(NAC/AW) David M. Lasley (SELRES)  
AE2(NAC) Mark J. Hoekstra (TAR)

### Navy Achievement Medal

AD2 Kenneth S. Kalous  
LCDR Robert P. Heath  
LCDR Michael L. Marlowe  
LCDR Thomas A. Heither

## Naval Reserve Center, Honolulu

### Navy Commendation Medal

CDR Kenneth W. Silvers  
NR USCINCPAC DET 120  
LCDR Erica A. Smith  
NR USCINCPAC DET 120  
YNC(SW) Christine A. Kalahiki  
NR CPF DET 120  
DTCS Robin C. Rudolph  
NR NMC SD DET 419

### Navy Achievement Medal

IC2 Eran E. Ether Naval Reserve Center, Honolulu  
PN1 Jacqueline A. Blaauw, Reserve Center, Honolulu  
CWO2 Samuel Rodriguez, Jr., NR SUBSUPCOM DET C

## Naval Medical Clinic, Pearl Harbor

### Senior Sailor of the Quarter

HM1 Harold D. Gomez

### Junior Sailor of the Quarter

HM2 Glennetta E. Pryce

### Blue Jacket of the Quarter

HN Elaine P. Medley

### Senior Civilian of the Quarter

Ms JoAnn N. Miyabara

### Junior Civilian of the Quarter

Ms Catherine K. Kuwazaki